



**FILIPINO AMERICAN
HISTORY MONTH**



Highlights..

- Filipino-American History
- When did Filipinos first come to America?
- U.S. Demographics of Filipino-Americans
- Fun Facts about Filipino-Americans
- Favorite Filipino Dishes
- Good to know!
- Documentary films on Filipinos in America
- Website Sources





FILIPINO AMERICAN

history month



History

- Founded in 1982, the Filipino American National Historical Society (FANHS) documents and promotes Filipino American history through its archives, conferences, books, programs, films, art and more.
- Filipino-American History Month is celebrated in the United States during the month of October.
- In 1991, Filipino-American National Historical Society board of trustees proposed the first annual Filipino American History Month to commence in October 1992.

When did Filipinos first come to America?

- *Indios Luzones* landing in Morro Bay, California in 1587
- Filipinos shipwrecked near San Francisco Bay in 1595
- A village of *Manila Men* on the outskirts of New Orleans, Louisiana in 1763
- Filipinos with Fr. Junipero Serra at the founding of the mission at Monterey in 1779
- Antonio Miranda Rodriguez among those chosen to settle in Los Angeles in 1781



U.S. Demographics of Filipino-Americans



Sungka is one of the traditional **games** in the Philippines that most families enjoy during gatherings.

- The Filipino American community is the second-largest Asian American group in the United States with a population of over 3.4 million as of the 2010 US Census, making up 19.7% of Asian Americans.

Fun Facts about Filipino-Americans

Filipino-Americans are the second largest Asian-American group in the United States.

Filipino-Americans are the largest Asian-American group in 11 out of the 50 states.

Filipino-Americans are one of the fastest growing immigrant groups in the United States.

Filipino-Americans contributed significantly to the American labor movement, particularly with the United Farm Workers movement in the 1960s.

A quarter of a million Filipino-Americans are veterans of World War II.

One-fifth of the Filipino-American population is multiracial.

Filipino-Americans identify as members of many different religions.

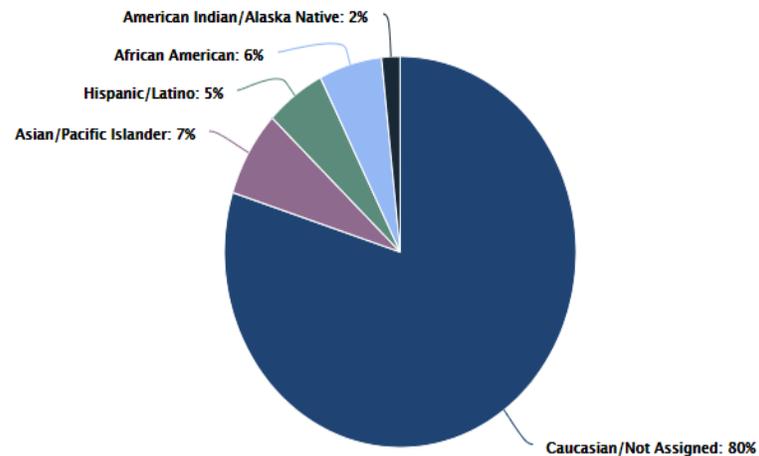
Many Filipino-Americans also choose not to identify as Asian or Asian-American, often due to a history of exclusion.

Workforce Diversity in Washington State

Workforce Diversity

- See [Diversity](#) for more information.

Persons of Color Compose 20% of the Executive Branch



Percentages on chart may not total 100 due to rounding.

Executive Branch Diversity

Source: OFM, [Workforce Diversity](#)

Favorite Filipino Dishes



Adobo, Lechon, Sisig, Crispy Pata, Chicken Inasal, Pancit Palabok, Bulalo, Arroz Caldo, Tinola, Kare Kare, Sinigang, Tapa, Dinuguan at Puto, Laing, Pinakbet, Lumpia, Pork BBQ, Balut



Good to know!

While most Filipinos today eat using a spoon and fork, the traditional way of eating is **kamayan**, or “**withhands.**” ...

Try to eat mostly with one hand, keeping the second hand clean for drinking. When taking food, use your fingers to pinch the food into a clump at your fingertips (don't let it settle onto your palm)

Documentary films on Filipinos in America

[Filipino American History](#) (Length: 7:01)

[A Filipino American Story](#) (Length: 6:58)

[Little Manila: Filipinos in California's Heartland](#) (Length: 26:00)

[Filipino Americans: Discovering Their Past for the Future](#) – (Length: 1 Hour, Start video at 1:15)





Halo-halo (Tagalog for "mixed"), also spelled *haluhalo*, is a popular Filipino cold dessert.

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Website Resources

- <https://www.ofm.wa.gov/state-human-resources/workforce-data-planning/workforce-data-trends/workforce/workforce-diversity>
- <https://food52.com/blog/19423-what-eating-with-my-hands-means-to-me-and-6-other-filipinos>
- <https://www.buzzfeed.com/kevinnadal/fil-am-history-facts>
- <http://personal.anderson.ucla.edu/eloisa.borah/filfaqs.htm>
- <http://pinoy-culture.com/10-gold-artifacts-you-should-see-in-the-philippine-gold-exhibit-in-nyc/>
- <https://www.youtube.com/watch?v=NfNSOHUitsI>
- <https://www.youtube.com/watch?v=SZxxm33jhpY>
- <https://www.youtube.com/watch?v=FNCZ8sGJs8I>
- <https://www.youtube.com/watch?v=7JlbyP3irNY>
- <https://www.gettyimages.com/photos/>
- https://en.wikipedia.org/wiki/Demographics_of_Filipino_Americans
- <http://personal.anderson.ucla.edu/eloisa.borah/filfaqs.htm#films>