

*WIN membership is open to all current and former Washington State Employees*

[washingtonimmigrantnetwork.org](http://washingtonimmigrantnetwork.org)

---

**"Let not what you cannot do tear you from what you can do "**

***--Ghanaian Proverb***

---



## **Free webinar to share wellness strategies for people of color**

Western medicine is often praised for its modern approach to healing, but it's an industry that has failed to be equitable in care delivery or to recognize the life stresses unique to people of color.

On Wednesday, March 10, 2021, 11 a.m. to noon, we will offer a webinar that will show you how to implement self-care strategies that are not rooted solely in Western and Euro-centric models (decolonizing). Whether you have lived with microaggression or survived life-threatening events, the webinar will discuss wellness with a trauma-informed care perspective.

The [Washington Immigrant Network](http://WashingtonImmigrantNetwork.org) is partnering with other state business resource groups and the state [Commission on Hispanic Affairs](http://CommissionOnHispanicAffairs.org) to offer the webinar: Decolonizing Self-Care for the Hispanic/Latinx Community.

The webinar will be led by [Ariadna Acosta](#), a bilingual mental health specialist with experience in social psychology, human rights, and gender studies. Currently Acosta works as a Behavioral Health Equity Specialist for the Texas Institute for Excellence in Mental Health at the University of Texas in Austin.

You do not need to be Latino to participate. Everyone is welcome to attend and learn about this topic. State employees can earn [Smart Health points](#) by participating in the webinar.

You do not need to preregister. Only click [Decolonizing Self-Care for the Hispanic/Latinx Community webinar](#) on **Wednesday, March 10, 2021, 11 a.m. to Noon.**

---

## *Food for Diversity-Cultural Recipe Book*

*How would you like to taste and enjoy food from around the world, right in your kitchen?*



The Washington Immigrant Network Special Events Committee is making the Food for Diversity-Cultural Recipe Book and *we need your* recipes.

If you have recipes to share please complete [on-line submission form](#) . Your recipes could contain graphics and stories about the dish including family traditions or cultural background.

We ask participants to submit their recipes by **April 31st, 2021**.

**Are you interested in joining our Food for Diversity-Cultural Recipe Book committee?**

Committee volunteers will help collect the recipes, produce and publish the cook book. Please submit an [on-line registration form](#) or contact us at [win@ofm.wa.gov](mailto:win@ofm.wa.gov).

---

## **Why Hire Immigrants?**

Learn about all the benefits of hiring immigrants, and how WIN supports hiring agencies and immigrant workers to transition to successful state employment.



Watch this [Why Hire Immigrants?](#)

*Recorded January. 6th 2021. (55 min)*



## **Become a WIN Mentor**

The WIN Mentoring Program supports immigrant state employees in an inclusive environment that helps them thrive and advance their careers, as well as recruit new employees from the immigrant community at large. Learn more about becoming a mentor at: [WIN's Mentoring Program](#).



## *Monthly General Membership Meeting*

**When:** Tuesday, March 2, 2021

**Time:** 12PM - 1PM

**Contact:** [WIN@ofm.wa.gov](mailto:WIN@ofm.wa.gov)

[Join Zoom Meeting](#)

## **We are about to start judging the PSRW Awards for 2021.**

The PSRW Awards will take on an added emphasis this year, considering the extraordinary efforts state workers exhibited last year in response to the pandemic and other trials we experienced in 2020. In light of this, judging this year's nominations should be an especially rewarding experience.

We are asking if you would like to help us judge the 2021 PSRW packets?

If you are interested in being a PSRW judge this year please contact Walt Jones or Tammy Pitre at [shrplanning@ofm.wa.gov](mailto:shrplanning@ofm.wa.gov).



**Guest Speaker:**

*WA State Employee Assistance Program Director  
**Darrow Brown***



## ***Find us on Youtube.com!***

Meet the Washington Immigrant Network [Leadership Team](#) and some of our wonderful [members and volunteers](#).

## Washington Immigrant Solidarity Network (WAISN)

by Julie Campos



WASHINGTON IMMIGRANT  
**SOLIDARITY  
NETWORK**

I am so excited to participate in our newsletter this month and highlight other immigrant networks advocating for our communities in Washington State. Currently, I volunteer for the [Washington Immigrant Solidarity Network \(WAISN\)](#), as a hotline volunteer on occasional evenings. The WAISN Hotline is a tool, providing a method for our immigrant and refugee communities to report Immigration Custom and Enforcement (ICE)/Custom Border Patrol (CBP) activity in their community, report the detention of a group or individual, obtain information or referral assistance for relatives/friends who have been detained and other immigration related resources.

I started volunteering on the hotline right around when the COVID-19 pandemic began in March 2020. Since then, WAISN has shifted their work on the hotline to aid our undocumented immigrant community in Washington State with COVID-19 resources. For example, the hotline provides information on local food banks, mutual aid, and COVID testing. They also continue to provide immigration resources.

I am so grateful to have found this network of individuals who are passionate about advocating for our thriving immigrant community in Washington State. Through my participation on the hotline, I have been able to help individuals throughout Washington State and in my own community in Pasco. My work as a hotline volunteer is done remotely and provides me the flexibility to give back to my community without having to leave my home. I encourage you to visit their website and learn more about the [Washington Immigrant Solidarity Network](#).

*WAISN Hotline telephone: 1-844-724-3737*

---

### WHO WE ARE:

Support the professional development of immigrant state employees.

Recommend strategies to advance recruitment, retention, career progression and leadership development.

Educate state agencies on the experience, skills and knowledge of immigrants and the value of a diverse workforce.





## **WHAT WE DO:**

Provide a support structure, educational resources and leadership assistance for immigrant state employees.

Encourage immigrants to consider the state as an employer of choice through inter-agency and external outreach activities.

Serve as a resource for the Office of Financial Management, State Human Resources division and state agencies in creating and sustaining a diverse and inclusive workforce.

---